

Beyond compliance: how regions can help build a sustainable Europe

A toolkit for integrating the environment
into regional development

Logroño (La Rioja), Spain, 18-19 April 2007



Where are we going? Logroño, La Rioja

Logroño is the capital of La Rioja region situated in the north east Spain.

For more detailed information, please look at the website:
<http://www.lariojatourismo.com/>

Airport: Aeropuerto de Logroño-Agoncillo

Train station: Estación de trenes - Plaza de España s/n.

Bus Station: Estación de autobuses - Avda. de España, 1



Transport

Sustainable transport (trains and buses)

We would encourage the participants to use the sustainable means of transportation, if feasible. Below, we are providing some examples of routes for Italy and UK.

Italy – Logroño

By train:

<http://www.trenitalia.com/it/internazionali.shtml>

By ferry:

Genoa – Barcelona - Genoa <http://www.gnv.it>

GENOA		BARCELONA		BARCELONA		GENOA	
Saturday 14 April 2007	21:00	Sunday 15 April 2007	15:00	Thursday 19 April 2007	21:30	Friday 20 April 2007	15:30
Monday 16 April 2007	21:30	Tuesday 17 April 2007	15:30	Friday 20 April 2007	21:30	Saturday 21 April 2007	15:30
Wednesday 18 April 2007	21:30	Thursday 19 April 2007	15:30	Sunday 22 April 2007	02:00	Sunday 22 April 2007	20:00

Civitavecchia (Rome) – Barcelona - Civitavecchia (Rome) <http://www.grimaldi-ferries.com>

CIVITAVECCHIA		BARCELONA		BARCELONA		CIVITAVECCHIA	
Saturday 14 April 2007	19:00	Sunday 15 April 2007	15:00	Thursday 19 April 2007	19:00	Friday 20 April 2007	15:00
Monday 16 April 2007	18:00	Tuesday 17 April 2007	15:00	Friday 20 April 2007	19:00	Saturday 21 April 2007	15:00
Tuesday 17 April 2007	19:00	Wednesday 18 April 2007	15:00	Saturday 21 April 2007	19:00	Sunday 22 April 2007	16:00
Wednesday 18 April 2007	19:00	Thursday 19 April 2007	15:00	Monday 23 April 2007	18:00	Tuesday 24 April 2007	15:00

UK – Logroño

By train:

London - Logroño

It take about 13-15 hours by train (according to our estimations).

- London – Paris Nord by Eurostar (<http://www.eurostar.co.uk>), there are several trains per day.
- Paris Nord - Paris Montparnasse: Montparnasse is in the south of Paris, so it is pretty far away from Paris Nord where the Eurostar arrives. You would need to leave at least 90 minutes layover time for transfer by metro between the two stations, I think. It would take 2 metro lines. Taxi is another (less sustainable) option that would take anywhere from 20-60 mins based on time of day and traffic
- Paris Montparnasse - Vitoria-Gasteiz. www.elipsos.com.
- Vitoria-Gasteiz (border between France and Spain) - Logroño by train <http://www.renfe.es/> or by bus. <http://www.continental-auto.es/>

By ferry:

Plymouth - Santander - Plymouth <http://www.brittany-ferries.co.uk>

Sailing duration 20 hours

Departure times from Plymouth at 16:00 Sundays and 12:00 Wednesdays.
Available dates for Conference Wed. 11 and Sun.15 April

Departure times from Santander at 16:00 Mondays and at 15:00 Thursdays.
Available dates for Conference Thu. 19 and Mon. 23 April

Portsmouth - Bilbao - Portsmouth <http://www.poferries.com> Sailing duration 20 ½ hours

Sailing duration around 36 hours

Departure time from Portsmouth at 21:15, cruising for 2 nights, arrival time at 8:00
Available dates for Conference Sat. 14 and Tue. 17 April.

Departure time from Bilbao at 13:15, cruising for 1 night, arrival time at 17:15
Available dates for Conference Frid. 19 and Sun.22 April.

Internal flights (Only direct ones)

Iberia <http://www.iberia.com>

Madrid	Logroño	Days	Logroño	Madrid	Days
07:30	08:30	M, T, W, T, F	07:05	08:05	M, T, W, T, F
10:10	11:10	Sat.	11:40	12:40	Sat.
19:35	20:35	Sun.	20:05	21:05	M, T, W, T, F
20:45	21:45	M, T, W, T, F	21:05	22:05	Sun.

Barcelona	Logroño	Days	Logroño	Barcelona	Days
18:15	19:35	M, T, W, T, F	9:00	10:15	M, T, W, T, F

Bilbao	Logroño	1,5 hours, 120 km (by bus)
Zaragoza	Logroño	2 hours, 170 km (by bus)

Local connections to/from Logroño

TRAINS TO/FROM LOGROÑO										
Company	Phone	Web	Route	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Renfe	902 24 02 02	www.renfe.es	Logroño-Barcelona	01:41, 04:04, 12:46	01:41, 04:04, 12:46	01:41, 04:04, 12:46	01:41, 04:04, 12:46	01:41, 04:04, 12:46	01:41, 04:04, 12:46	04:04, 12:46
Renfe	902 24 02 02	www.renfe.es	Barcelona-Logroño	12:30, 20:00, 22:00	12:30, 20:00, 22:00	12:30, 20:00, 22:00	12:30, 20:00, 22:00	12:30, 20:00, 22:00	12:30, 20:00,	12:30, 20:00, 22:00
Renfe	902 24 02 02	www.renfe.es	Logroño-Santander	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection
Renfe	902 24 02 02	www.renfe.es	Santander-Logroño	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection	No direct connection
Renfe	902 24 02 02	www.renfe.es	Logroño-Madrid	08:00	08:00	08:00	08:00	08:00	08:00	No direct connection
Renfe	902 24 02 02	www.renfe.es	Madrid-Logroño	18:10	18:10	18:10	18:10	18:10	No direct connection	18:10
Renfe	902 24 02 02	www.renfe.es	Logroño-Bilbao	04:31, 18:48	04:31, 18:48	04:31, 18:48	04:31, 18:48	04:31, 18:48	04:31, 18:48	18:48
Renfe	902 24 02 02	www.renfe.es	Bilbao-Logroño	10:05, 22:25	10:05, 22:25	10:05, 22:25	10:05, 22:25	10:05, 22:25	10:05	10:05, 22:25
Renfe	902 24 02 02	www.renfe.es	Logroño-Zaragoza	01:41, 04:04, 07:30, 12:46, 13:37, 20:10	01:41, 04:04, 07:30, 12:46, 13:37, 20:10	01:41, 04:04, 07:30, 12:46, 13:37, 20:10	01:41, 04:04, 07:30, 12:46, 13:37, 20:10	01:41, 04:04, 07:30, 12:46, 13:37, 20:10	01:41, 04:04, 12:46, 13:37, 20:10	04:04, 12:46, 13:37, 20:10
Renfe	902 24 02 02	www.renfe.es	Zaragoza-Logroño	00:15, 02:15, 06:30, 14:25, 16:48, 17:45	00:15, 02:15, 06:30, 14:25, 16:48, 17:45	00:15, 02:15, 06:30, 14:25, 16:48, 17:45	00:15, 02:15, 06:30, 14:25, 16:48, 17:45	00:15, 02:15, 06:30, 14:25, 16:48, 17:45, 19:30	00:15, 02:15, 14:25, 16:48, 17:45, 19:30	00:15, 14:25, 16:48, 17:45, 19:30

If you choose a specific connection by train (table above) or by bus (table below), please check it also on the website. There might be some changes or mistakes in the above timetable.

BUSES TO/FROM LOGROÑO										
Company	Phone	Web	Route	Monday	Tuesday	Wednesday	Thursday	Fryday	Saturday	Sunday
Alsa	941 25 79 44	www.alsa.es	Logroño-Barcelona	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30	00:40, 01:25, 02:00, 14:30, 15:30
Alsa	941 25 79 44	www.alsa.es	Barcelona-Logroño	09:00, 09:15, 22:00, 22:45	09:00, 09:15, 22:00, 22:45	09:00, 09:15, 22:00, 22:45	09:00, 09:15, 22:00, 22:45	09:00, 09:15, 18:00, 22:00, 22:45	09:00, 09:15, 22:00, 22:45	09:00, 09:15, 22:00, 22:45
Alsa	941 25 79 44	www.alsa.es	Logroño-Santander	09:00, 19:00	19:00	19:00	19:00	19:00	09:00, 15:00	19:00
Alsa	941 25 79 44	www.alsa.es	Santander-Logroño	15:00	15:00	15:00	15:00	15:00, 19:00	09:00	15:00, 19:00
Continental Auto	941 23 71 68	www.continental-auto.es	Logroño-Madrid	06:45, 10:00, 13:00, 15:00, 17:00, 19:00	06:45, 10:00, 13:00, 15:00, 17:00, 19:00	06:45, 10:00, 13:00, 15:00, 17:00, 19:00	06:45, 10:00, 13:00, 15:00, 17:00, 19:00	06:45, 10:00, 13:00, 15:00, 16:00, 17:00, 19:00, 20:00, 22:00	06:45, 10:00, 13:00, 15:00, 17:00, 19:00	06:45, 10:00, 13:00, 15:00, 16:00, 17:00, 19:00, 20:00, 22:00
Continental Auto	941 23 71 68	www.continental-auto.es	Madrid-Logroño	08:00, 10:30, 12:00, 15:00, 17:30, 19:30	08:00, 10:30, 12:00, 15:00, 17:30, 19:30	08:00, 10:30, 12:00, 15:00, 17:30, 19:30	08:00, 10:30, 12:00, 15:00, 17:30, 19:30	08:00, 10:30, 12:00, 15:00, 16:30, 17:30, 19:30, 21:30	08:00, 10:30, 12:00, 15:00, 17:30, 19:30	08:00, 10:30, 12:00, 15:00, 16:30, 17:30, 19:30, 21:30
Continental Auto	941 23 71 68	www.continental-auto.es	Logroño-Bilbao	08:30, 11:00, 14:15, 17:30, 19:30	08:30, 11:00, 14:15, 17:30, 19:30	08:30, 11:00, 14:15, 17:30, 19:30	08:30, 11:00, 14:15, 17:30, 19:30	08:30, 11:00, 14:15, 17:30, 19:30	08:30, 11:00, 17:30, 19:30	11:00, 17:30, 21:30
Continental Auto	941 23 71 68	www.continental-auto.es	Bilbao-Logroño	08:30, 10:45, 15:15, 17:00, 19:30	08:30, 10:45, 15:15, 17:00, 19:30	08:30, 10:45, 15:15, 17:00, 19:30	08:30, 10:45, 15:15, 17:00, 19:30	08:30, 10:45, 15:15, 17:00, 19:30	08:30, 10:45, 15:15, 19:30	08:30, 15:15, 19:30
Continental Auto	941 23 71 68	www.continental-auto.es	Logroño Vitoria	07:00, 10:00, 14:00, 16:00, 18.30 20.00	07:00, 10:00, 14:00, 16:00, 18.30 20.00	07:00, 10:00, 14:00, 16:00, 18.30 20.00	07:00, 10:00, 14:00, 16:00, 18.30 20.00	07:00, 10:00, 14:00, 16:00, 18.30 20.00	10:00, 14:00, 16:00 20:00	10:00, 14:00, 16.15, 20.00 y 21.30
Continental Auto	941 23 71 68	www.continental-auto.es	Vitoria Logroño	07:00, 10:30, 13.30, 16.30, 17.30, 20.00	07:00, 10:30, 13.30, 16.30, 17.30, 20.00	07:00, 10:30, 13.30, 16.30, 17.30, 20.00	07:00, 10:30, 13.30, 16.30, 17.30, 20.00	07:00, 10:30, 13.30, 16.30, 17.30, 20.00	10:00, 13.30, 16.30 20.00	10.30, 13.30, 16.30, 17.30, 20.00 20.45
Jimenez	941 23 12 34	www.grupo-jimenez.com	Logroño-Zaragoza	07:00, 10:30, 12:30, 16:00, 17:00, 18:30	07:00, 10:30, 12:30, 16:00, 17:00, 18:30	07:00, 10:30, 12:30, 16:00, 17:00, 18:30	07:00, 10:30, 12:30, 16:00, 17:00, 18:30	07:00, 10:30, 12:30, 15:00, 16:00, 17:00, 18:30	07:00, 10:30, 12:30, 16:00, 17:00, 18:30	10:30, 16:00, 19:00, 21:00
Jimenez	941 23 12 34	www.grupo-jimenez.com	Zaragoza-Logroño	07:00, 09:00, 10:15, 15:00, 17:30, 19:00, 19:15	07:00, 09:00, 10:15, 15:00, 17:30, 19:00, 19:15	07:00, 09:00, 10:15, 15:00, 17:30, 19:00, 19:15	07:00, 09:00, 10:15, 15:00, 17:30, 19:00, 19:15	07:00, 09:00, 10:15, 15:00, 17:30, 19:00, 19:15	07:00, 09:00, 10:15, 15:00, 17:30, 19:00	15:00, 19:00, 22:00

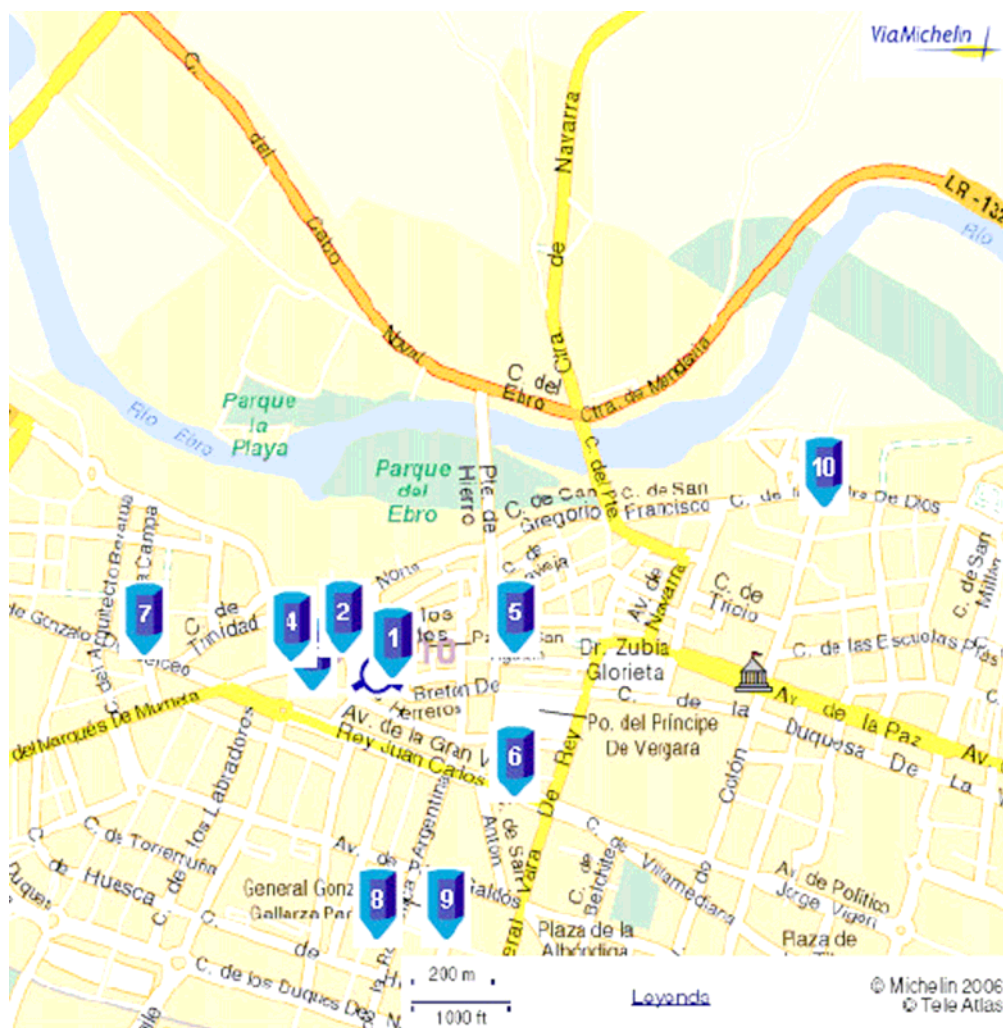
Hotels

You need to confirm your booking directly with the hotels. The full information is provided in the registration form.

Name	Address	Prices
NH Herencia ****	Marqués de Murrieta, 12, 26005 Logroño Tel: 0034 9412 10222 Fax: 0034 9412 10206 E-mail: nherenciarioja@nh-hotels.com Web site: http://www.nh-hotels.com	84+7 % VAT = 89,98 € (breakfast not included) Breakfast: 11+ 7% (VAT)= 11,77€ Single or double room Maximum 40 rooms
Carlton Rioja ****	Gran Vía, 5, 26002 Logroño Tel: 0034 9412 42100 Fax: 0034 9412 43501 E-mail: hotelcarlton@pretur.com Web site: http://www.pretur.es	70+7% VAT= 74,9 € (breakfast not included) Single or double room Breakfast: 10 + 7% VAT= 10,7€ Maximum 50 rooms
Husa Gran Vía****	Gran Vía, 71 bis, 26005 Logroño Tel: 0034 9412 87850 Fax: 0034 9412 87851 E-mail: granvia@husa.es Web site: http://www.hotelhusagranvia.com	85+7%(VAT) = 90,95€ (breakfast included) Single or double room Maximum 40 rooms
Partner Condes de Haro ***	Saturnino Ulargui, 6, Logroño Tel: 0034941 208500 Fax: 0034 941208796 E-mail: condesdeharo@partner-hotels.com Web site: http://www.partner-hotels.com/hotel_condes_de_haro/index.html	60 € + 7% VAT = 64,2 € (breakfast included) Single or double room Maximum 20 rooms

Hotels

- Nº 3 Partner Condes de Haro
- Nº 4 NH Herencia Rioja
- Nº 6 Carlton Rioja
- Nº 7 Husa Gran Vía



Venue

Conference (18-19 April 2007)

"Beyond compliance: how regions can help build a sustainable Europe"

La Rioja Conference Centre and Auditorium (Palacio de Congresos y Auditorio de la Rioja)

25 San Millán, Logroño - Spain

<http://www.riojaforum.com/>

Note: *There will be buses available to pick up participants from outside hotels to the conference centre on 18-19 April 2007.*

Field trip

The field trip to (19 April 2007, afternoon) is organised immediately after the conference. It is open to all participants of the conference. We will have a possibility to visit the Truffle project and have a couple of hours walk in the La Rioja Biosphere Reserve

Contact to Spanish organisers and GRDP team in Logroño

Ana Alegria (Spanish organiser):

- work mobile 0034 629604689 ,
- personal mobile 0034 656896785. *For calls in Spain dial without 0034.*

Angela Sorce (GRDP team): mobile 00 44 79 17 18 41 37